

# 2023 CYBA SUMMER SKILLS CLUB

The summer offseason presents CYBA youth with the **OPPORTUNITY** to become better players, athletes, and individuals. A major key to improvement in K-6<sup>th</sup> grades is the development of skills in the offseason. “The Skill Season” is the best opportunity to improve not only skills but also athleticism. The goal of the K-6<sup>th</sup> summer program is to get kids active and to play basketball!

Between April 15 and October 31, 2023, youth should track their hours for the activities below and get rewarded! Mark the calendars provided with the daily hours and at the end of the season, submit the forms to Kristi Griffin, [kristigriffin@isd593.org](mailto:kristigriffin@isd593.org), or to CYBA at PO Box 91, Crookston, MN 56716. Forms should be on or before the fall CYBA parent-coaches meeting in mid-November.

## Youth can earn hours for the following:

- 1 hour for every hour of basketball activity such as practice, shooting, playing at the park, or skill work
- 10 hours for any athletic camp attended (does not have to be basketball)
- Up to 15 hours for any volunteer or service work (includes helping parents)
- Bonus hours
  - 1 hour for any week with 1,000 shots or more (can be earned multiple times)
  - 5 hours for attending any Pirate Basketball Camp or Pirate Skills and Drills (can only be counted one time)
  - 5 hours for participating in another sport this summer (can only be counted one time)

## 75 Hour CLUB

All players who complete 75 hours will receive a T-shirt and will be recognized before a home basketball game.

## 110 Hour CLUB

All players who complete 100 hours will receive a hooded sweatshirt and will be recognized before a home basketball game.

## 150 Hour CLUB

All players who complete 150 hours will receive a t-shirt and customized engraved basketball and will be recognized before a home basketball game.

### April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 April Fools' Day
2	3	4	5	6 Passover	7 Good Friday	8
9 Easter	10	11	12	13	14	15
16	17	18	19	20	21	22 Earth Day
23	24	25	26 Admin Assist Day	27	28	29
30	Notes				Calendar Templates by Vertex42.com <a href="https://www.vertex42.com/calendars/">https://www.vertex42.com/calendars/</a> © 2022 Vertex42 LLC. Free to print. <a href="#">2023 Calendars</a> <a href="#">2024 Calendars</a>	

### May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 Cinco de Mayo	6
7	8	9	10	11	12	13
14 Mother's Day	15	16	17	18	19	20 Armed Forces Day
21	22	23	24	25	26	27
28 Pentecost	29 Memorial Day	30	31			
	Notes				Calendar Templates by Vertex42.com <a href="https://www.vertex42.com/calendars/">https://www.vertex42.com/calendars/</a> © 2022 Vertex42 LLC. Free to print. <a href="#">2023 Calendars</a> <a href="#">2024 Calendars</a>	

# June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14 Flag Day	15	16	17
18 Father's Day	19 Juneteenth	20	21 June Solstice (GMT)	22	23	24
25	26	27	28	29	30	
Notes			Calendar Templates by Vertex42.com https://www.vertex42.com/calendars/ © 2022 Vertex42 LLC. Free to print. <a href="#">2023 Calendars</a> <a href="#">2024 Calendars</a>			

# July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Independence Day	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 Parents' Day	24	25	26	27	28	29
30	31	Notes				Calendar Templates by Vertex42.com https://www.vertex42.com/calendars/ © 2022 Vertex42 LLC. Free to print. <a href="#">2023 Calendars</a> <a href="#">2024 Calendars</a>

# August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19 Aviation Day
20	21	22	23	24	25	26
27	28	29	30	31		
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# September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Labor Day	5	6	7	8	9
10 Grandparents Day	11 Patriot Day	12	13	14	15	16 Rosh Hashanah
17 Constitution Day	18	19	20	21	22	23 Autumnal equinox (GMT)
24	25 Yom Kippur	26	27	28	29	30
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# October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 Federal Holiday	10	11	12	13	14
15	16 Boss's Day	17	18	19	20	21 Sweetest Day
22	23	24 United Nations Day	25	26	27	28
29	30	31 Halloween				
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